



River to Coast Children's Services

Resources, Referrals, and Support / Recursos, Referencias, y Apoyo

WEAR A MASK!



DECEMBER/DICIEMBRE 2020 ---- JANUARY/ENERO 2021

FROM THE CDC: FLU SEASON AND COVID-19

With Flu season upon us and the continuing concerns of the COVID-19 pandemic, providers may feel anxious and want to make sure they can keep the children in their care healthy. The Centers for Disease Control (CDC) has great resources and information on their website. Remember that regular handwashing is a very important part of germ management. The CDC also has great tips for teaching and reinforcing handwashing with children including easy to use handwashing pdf documents that are available in English and Spanish. The CDC also has guidance for wearing face masks to help prevent the spread of COVID.

CAREGIVER BACKGROUND CHECK BUREAU - UPDATE

The Caregiver Background Check Bureau (CBCB) has changed its name to the Caregiver Provider Management Bureau (CPMB) and is pleased to announce the launch of the background check system, Guardian, set to go live January 2021.

Guardian is a tool to assist agencies and applicants in the background check process. Guardian ensures background checks are completed faster and more efficiently, while making the process easier for applicants and agencies to request exemptions.

For additional information regarding Guardian, please visit the Guardian Webpage: <https://cdss.ca.gov/inforesources/cdss-programs/community-care-licensing/caregiver-background-check/guardian>

COMMUNITY CARE LICENSING

Program Administrator: Shanice Orum
Assistant Program Administrators: Chana Wynne-Swan- Region One

IMPORTANT PHONE NUMBERS

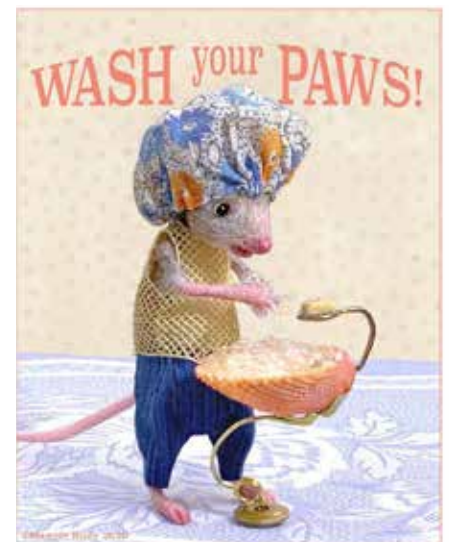
- Centralized Complaint & Information Bureau (CCIB): 1-844-538-8766
- Child Care Advocate Program: 1-916-654-1541
- Child Protective Services: 1-916-875-5437
- California Poison Control System: -800-222-1222
- Caregiver Background Check Bureau: 1-888-422-5669
CA Child Care Resource and Referral Network: 1-415-882-0234

PROVIDER INFORMATION NOTICE (PIN) SUMMARY PIN 20-30-CCP PROVIDES GUIDANCE AND RESOURCES DURING THE CORONAVIRUS COVID-19 PANDEMIC TO SUPPORT CHILD CARE PROVIDERS.

The Community Care Licensing Division (CCLD), Child Care Program Office will be hosting local licensing calls via phone or virtual meetings for child care providers in multiple languages. The purpose for these meetings will be to provide more information about topics related to the COVID-19 virus and to address questions impacting child care providers. During the scheduled local licensing call, an Infectious Disease Specialist may be present.

MEETINGS: REGION 1

- ROHNERT PARK LOCAL OFFICE, JANUARY 19, AT 6:00 P.M.



**LIKE US! RCCS is on FACEBOOK: <https://www.facebook.com/RiverToCoastChildrensServices/>
and follow us on INSTAGRAM: @rccsguerneville**

EMERGENCY BASIC NEEDS RESOURCES AVAILABLE AT RCCS

River to Coast Children's Services has food, formula, diapers and over-the-counter medicine available for low income families in West Sonoma County.

If you need food, diapers, or over-the-counter medications, such as acetaminophen, you may access the RCCS emergency resource program. All that families need do is come by and pick up the items. For lice treatment, formula, or over-the-counters medications, the family should call RCCS before coming by, to assure that the items are on hand in the office. Food and diapers are available Monday through Friday, 9AM to 5PM at the River to Coast Children's office located at 16300 1st Street in Guerneville.

**FOR MORE INFORMATION OR TO REQUEST A SPECIFIC ITEM. CALL:
707.869.3613**

*The Emergency Resources Program is funded by
Community Foundation Sonoma County and Steven and Alexandra Cohen Foundation*

EL PROGRAMA DE RECURSOS DE EMERGENCIA

Padres, ustedes saben que...

Si sus hijos necesitan comida, formula para bebes, pañales, tratamiento contra el piojo, o cualquier medicamento que se puede obtener sin receta, como acetaminógeno, usted puede tener acceso al Programa de Emergencia de RCCS? Las familias pueden obtener hasta un valor de \$40 al mes en necesidades básicas para sus pequeños. Todo lo que las familias del West County (el oeste del condado) tienen que hacer es pasar a recoger los artículos. Las familias que reciben subsidios de RCCS también son elegibles. Necesitaremos el código postal de su residencia y su número de teléfono.

Para el tratamiento contra el piojo, formula para bebes, o medicamentos que puede obtener sin receta, es necesario que la familia llame a RCCS antes de venir para confirmar que tenemos los artículos necesarios en la oficina. Comida y pañales normalmente están disponibles de lunes a viernes de 9am a 5pm en nuestras oficinas localizadas en 16300 1st Street en Guerneville.

**LLAME AL 707-869-3613 PARA OBTENER MÁS INFORMACIÓN O PARA
SOLICITAR UN ARTÍCULO ESPECÍFICO.**

*El Programa de Recursos de Emergencia está financiado por Community Foundation of
Sonoma County y Steven and Alexandra Cohen Foundation*



DECEMBER 14, 2020 --- SUBJECT: COVID-19 QUARANTINE GUIDANCE

Sandra Shewry, Acting Director - Erica S. Pan, MD, MPH, Acting State Health Officer
State of California—Health and Human Services Agency, California Department of Public Health

All asymptomatic close contacts (within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period) may discontinue quarantine after Day 10 from the date of last exposure with or without testing.

During critical staffing shortages when there are not enough staff to provide safe patient care, essential critical infrastructure workers in the following categories are not prohibited from returning after Day 7 from the date of last exposure if they have received a negative PCR test result from a specimen collected after Day 5:

Exposed asymptomatic health care workers; and

Exposed asymptomatic emergency response and social service workers who work face to face with clients in the child welfare system or in assisted living facilities.

All exposed asymptomatic contacts permitted to reduce the quarantine period to less than 14 days must:

Adhere strictly to all recommended non-pharmaceutical interventions, including wearing face coverings at all times, maintaining a distance of at least 6 feet from others and the interventions required below, through Day 14.

Use surgical face masks at all times during work for those returning after Day 7 and continue to use face coverings when outside the home through Day 14 after last exposure.

Self-monitor for COVID-19 symptoms through Day 14 and if symptoms occur, immediately self-isolate and contact their local public health department or healthcare provider and seek testing.

Context and Considerations

Local health jurisdictions may be more restrictive than the above guidance.

Health care employers with critical staffing shortages and lacking the staff to provide safe patient care may use Contingency Capacity Strategies as described by CDC where asymptomatic healthcare personnel (including in skilled nursing facilities during an outbreak when all staff are considered potentially exposed) are allowed to work with a surgical mask or respirator, but still report temperature and absence of symptoms each day until 14 days after exposure.

Persons who reside or work in a high-risk congregate living setting (e.g. skilled nursing facilities, prisons, jails, shelters) or persons residing or working with severely immunosuppressed persons (eg. Bone marrow or solid organ transplants, chemotherapy) should still quarantine for 14 days in the absence of staffing shortages.

14 DE DICIEMBRE DE 2020: TEMA: GUÍA DE CUARENTENA COVID-19

Estado de California – Agencia de Salud y Servicios Humanos - Departamento de Salud Pública de California
Departamentos de salud locales de California

Todos los contactos cercanos asintomáticos (a menos de 6 pies de una persona infectada por un total acumulado de 15 minutos o más durante un período de 24 horas) pueden suspender la cuarentena después del día 10 a partir de la fecha de la última exposición con o sin pruebas.

Durante la escasez crítica de personal cuando no hay suficiente personal para brindar atención segura al paciente, los trabajadores de infraestructura crítica esencial en las siguientes categorías no tienen prohibido regresar después del día 7 desde la fecha de la última exposición si han recibido un resultado negativo de la prueba de PCR de una muestra recopilados después del día 5:

Trabajadores de la salud asintomáticos expuestos; y

Trabajadores expuestos asintomáticos de respuesta a emergencias y servicios sociales que trabajan cara a cara con clientes en el sistema de bienestar infantil o en instalaciones de vida asistida.

Todos los contactos asintomáticos expuestos a los que se les permita reducir el período de cuarentena a menos de 14 días deben:

Adhiérase estrictamente a todas las intervenciones no farmacéuticas recomendadas , incluido el uso de cubiertas faciales en todo momento, manteniendo una distancia de al menos 6 pies de los demás y las intervenciones requeridas a continuación, hasta el Día 14.

Use mascarillas quirúrgicas en todo momento durante el trabajo para quienes regresen después del día 7 y continúe usando cubiertas faciales cuando esté fuera de casa hasta el día 14 después de la última exposición.

Autocontrole los síntomas de COVID-19 hasta el día 14 y, si se presentan, aíslese de inmediato y comuníquese con su departamento de salud pública local o su proveedor de atención médica y solicite pruebas.

Lavado de manos: Mantenga sana a su familia

El lavado de manos es una manera fácil, barata y eficaz de prevenir la propagación de microbios y mantener sanos a los niños y a los adultos. Cuando su familia está sana, no tiene que preocuparse por faltar a la escuela, al trabajo o a otras actividades.

Ayude a que su hijo aprenda a lavarse las manos

Los padres y los cuidadores cumplen un papel importante en enseñarles a los niños a lavarse las manos. El lavado de manos puede convertirse en un hábito saludable para toda la vida si comienza a enseñarles esta práctica desde que son pequeños. Enséñeles a los niños los [cinco pasos fáciles para lavarse las manos](#) —mojarse, hacer espuma, restregar, enjuagar, y secar— y los momentos clave para lavarse las manos, como después de ir al baño o antes de comer. Puede encontrar formas de hacer que sea divertido, como inventar su propia canción de lavado de manos o convertirlo en un juego.

Dé el ejemplo al lavarse las manos

Los niños pequeños aprenden imitando los comportamientos de los adultos en su vida. Cuando usted hace que el lavado de manos sea parte de su rutina, está dando un ejemplo para que sus hijos sigan.



LA VIDA ES MEJOR CON LAS

**MANOS
LIMPIAS**



www.cdc.gov/lavadodemanos

Este material fue elaborado por los CDC. La campaña La Vida es Mejor con las Manos Limpias es posible gracias a una asociación entre la Fundación de los CDC, GOJO y Staples. El HHS y los CDC no respaldan productos, servicios ni empresas comerciales.



CS310275-A

Handwashing: Keeping Your Family Healthy

Handwashing is an easy, cheap, and effective way to prevent the spread of germs and keep kids and adults healthy. When your family is healthy, you don't have to worry about missing school, work, or other activities.

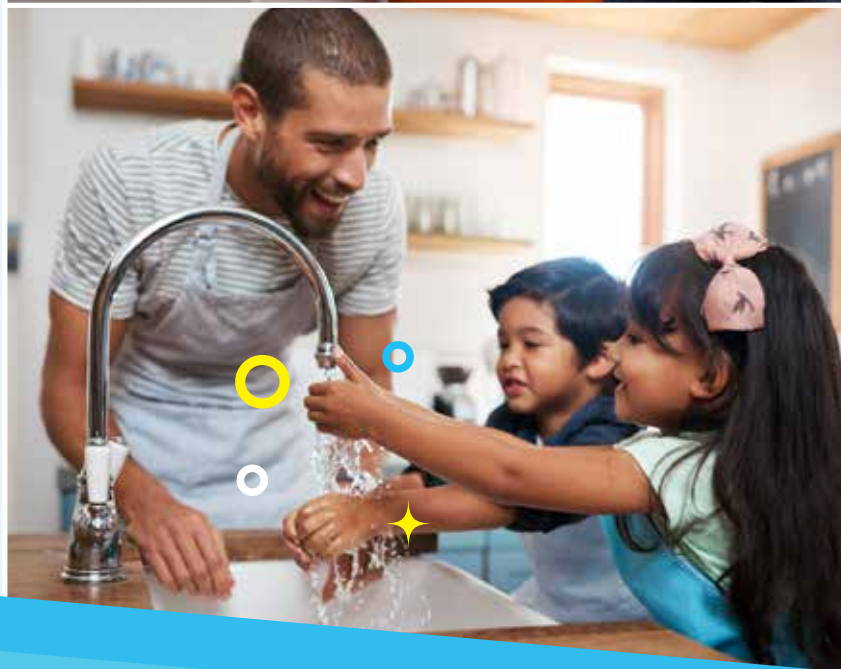
Help your child develop handwashing skills

Parents and caretakers play an important role in teaching children to wash their hands. Handwashing can become a lifelong healthy habit if you start teaching it at an early age. Teach kids the [five easy steps for handwashing](#) — wet, lather, scrub, rinse, and dry — and the key times to wash hands, such as after using the bathroom or before eating. You can find ways to make it fun, like making up your own handwashing song or turning it into a game.



Lead by example

Young children learn by imitating the behaviors of adults in their lives. When you make handwashing part of your routine, you're setting an example for your children to follow.



LIFE IS BETTER WITH

**CLEAN
HANDS**



www.cdc.gov/handwashing

This material was developed by CDC. The Life is Better with Clean Hands Campaign is made possible by a partnership between the CDC Foundation, GOJO, and Staples. HHS/CDC does not endorse commercial products, services, or companies.



CS310275-A

**COVID-19 SONOMA COUNTY UPDATES!
DATE OF ORDER: JUNE 18, 2020**

**NO. C19-15: STAY WELL SONOMA COUNTY
ORDER ADOPTING AND INCORPORATING THE STATE STAY AT HOME ORDERS AND GUIDANCE, AS WELL AS REQUIRING
COMPLIANCE WITH COUNTY-SPECIFIC INDIVIDUAL AND BUSINESS MITIGATION MEASURES**

**NO. C19-15: STAY WELL SONOMA COUNTY -
[HTTPS://SOCOEMERGENCY.ORG/ORDER-OF-THE-HEALTH-OFFICER-C19-15-STAY-WELL-SONOMA-COUNTY/#FAQ](https://socoemergency.org/order-of-the-health-officer-c19-15-stay-well-sonoma-county/#FAQ)**

ORDEN C19-15 DE LA OFICIAL DE SALUD: MANTANER SANO AL CONDADO DE SONOMA

**NÚM. C19-15: MANTÉNGASE SALUDABLE CONDADO DE SONOMA ORDEN QUE ADOPTA E INCORPORA LAS ÓRDENES
Y GUÍAS ESTATALES DE REFUGIO EN CASA, REQUIRIENDO EL CUMPLIMIENTO CON LAS MEDIDAS DE MITIGACIÓN
INDIVIDUALES Y COMERCIALES ESPECÍFICAS PARA EL CONDADO**

[HTTPS://SOCOEMERGENCY.ORG/ORDEN-DE-LA-OFFICIAL-DE-SALUD-C19-15-MANTENGASE-SALUDABLE-CONDADO-DE-SONOMA/](https://socoemergency.org/orden-de-la-oficial-de-salud-c19-15-mantengase-saludable-condado-de-sonoma/)

PROGRAMA DE ASISTENCIA DE ALQUILER COVID-19

West County Community Services (WCCS) y River to Coast Children's Services (RCCS) han recibido fondos para apoyar a los inquilinos y /o propietarios de bajos ingresos afectados por COVID-19.

◆ -Se pueden proporcionar hasta seis meses de asistencia o hasta \$6000 y pueden incluir pagos atrasados de alquiler y servicios públicos vencidos, así como pagos de alquiler actuales o facturas de servicios públicos actuales.

◆ -Los solicitantes elegibles deben demostrar que no han podido pagar o que no han recibido pagos de alquiler durante un período de tiempo a partir del 1 de marzo de 2020 y deberán certificar que el motivo está relacionado con COVID-19.

◆ -Los hogares deben de cumplir las siguientes condiciones:

1. Tener ingresos bajos, se define como tener ingresos por debajo del 80% del ingreso medio del área (AMI) <https://sonomacounty.ca.gov/CDC/Housing-and-Neighborhood-Investment/Income-and-Rent-Limits/#locallink> to determine AMI y
2. Ser un inquilino que no puede pagar el alquiler y / o las facturas de servicios públicos O un propietario que no recibe la renta del alquiler como resultado de la emergencia de salud pública COVID-19
3. Residir en el Oeste del Condado: En el Oeste de Sebastopol, en el área baja del Rio Ruso, Forestville, o en la Costa de Sonoma.

Para clientes que hablan inglés, comuníquese con WCCS: 707-837-3037

Para clientes que hablan español, comuníquese con RCCS: 707-869-3613

Addendum to Handbook

Our Service Delivery Area. RCCS' service area includes a portion of the West Sonoma County Union High School, Monte Rio, Guerneville, Harmony, Fort Ross, Oak Grove, Montgomery, the Sonoma County portion of Shoreline Unified School and the Kashia Reservation School Districts .

For AP funding: For families in the Alternative Payment Programs, either the care must be used, OR the family must live, in the service area described above.

For CFCC Funding: For families in the Family Child Care (CFCC) programs, child care must be provided by our contracted providers in the RCCS Family Child Care Network. Your case manager will share network providers with you.

THIS IS A MESSAGE FROM THE CALIFORNIA DEPARTMENT OF EDUCATION (CDE), EARLY LEARNING AND CARE DIVISION (ELCD).

NEW APP TO SUPPORT FAMILIES DURING THE CORONAVIRUS OUTBREAK AND BEYOND

The Early Learning Lab just released Stay Play Grow, available at <https://earlylearninglab.org/stay-play-grow/#partners>, a free app designed to support parents and caregivers during the coronavirus outbreak and beyond. The app is a one-stop source of quality, trusted resources curated to help families with children 0-5 make the most of their time together.

The app offers resources in English and Spanish (under Recursos en Español) on children's learning and development, including simple activities to help children learn through play at home; self-care strategies; how to get help meeting basic needs including food, shelter, diapers, and more; and health & safety resources, including how to talk to children about the ongoing health pandemic and racial inequality crisis.

Download Stay Play Grow today from the Apple App Store at <https://apps.apple.com/us/app/stay-play-grow/id1509540191> and Google Play Store at https://play.google.com/store/apps/details?id=com.stayplaygrow&hl=en_US.

ONLINE LIBRARY RESOURCES - RECURSOS DE LA BIBLIOTECA - RECURSOS DIGITALES AMPLIADOS

Durante la pandemia de coronavirus, la Biblioteca del Condado de Sonoma, junto con varios proveedores de recursos digitales, les ofrecemos más oportunidades para leer, disfrutar y aprender en casa.

Para más recursos, por favor visite la página de recursos digitales.: <https://sonomalibrary.org/espanol>

Children's Librarians at the Sonoma County Library create this monthly calendar of Early Literacy activities to offer children aged 0-5 and their caregivers a starting point to practice pre-reading skills. Help your child get ready to read by incorporating these practices into your everyday routine: Talking * Singing * Reading * Writing * Playing

Download our current Early Literacy Calendar :in English / en español:

<https://sonomalibrary.org/kids/early-literacy/early-literacy-calendar>



GROWING READER BOOK PROGRAM

River to Coast Children's Services (RCCS) offers a Growing Readers Program to parents and children. Parents will be able to earn books for their home by turning in a Growing Readers calendar at the end of each month. This calendar will have simple daily activities to do with your children to Foster literacy skills. There will also be a column to list the books you have read to your child that month. When the blank lines in the column have been filled out with titles of books read (repeat titles are okay), you will earn a free book. Bring your completed calendar to RCCS and pick out a book. For more information and/or to receive a Growing Readers calendar, please call RCCS at 869-3613

River to Coast Children Services (RCC) ofrecerá un programa de Enriquecimiento de Lectura para padres e hijos. Los padres podrán ganar libros para su casa entregando el calendario de lectura al fin de cada mes. Este calendario tendrá actividades diarias sencillas para hacer con sus hijos para enriquecer la lectura. También habrá una columna de los libros que ha leído a su hijo ese mismo mes, Cuando las líneas en blanco en la columna han sido llenadas con los títulos de los libros de lectura (repetir libros está bien), usted ganará un libro gratis. Traiga su calendario completo a RCCS y escoger un libro. Es así de simple. Para obtener más información o para recibir un calendario de lectores, llame a RCCS (707) 869-3613.



LIKE US ON FACEBOOK!

<https://www.facebook.com/RiverToCoastChildrensServices/>

Calendar December 2020 Diciembre Calendario

- ◆ 12/5: Attendance sheets due in RCCS by 5 PM ◆◆el día límite de las Hojas de Asistencia a las 5 PM
- ◆ 12/11: OFFICE CLOSURES AT NOON FOR STAFF HOLIDAYS LUNCHEON
- ◆ 12/18: Provider payday◆◆ Dia de pago de los proveedores
- ◆ 12/25/ 2020 THROUGH 1/1/2021: OFFICE CLOSED *** OFICINA CERRADA

Calendar January 2021 Enero Calendario

- ◆ 1/4: OFFICE OPEN *** OFICINA ABIERTO
- ◆ 1/5: Attendance sheets due in RCCS by 5 PM ◆◆el día límite de las Hojas de Asistencia a las 5 PM
- ◆ 1/18: OFFICE CLOSED / OFICINA CERRADA: MLK BIRTHDAY
- ◆ 1/17: Provider payday◆◆ Dia de pago de los proveedores
- ◆ 1/27: Board of Directors meeting◆◆Mesa Directiva de RCCS se reúne, 6:00 PM

River to Coast Children's Services Staff and their phone number extensions. (707) 869-3613:

- Soledad Figueroa (Executive Director) 111
- Christina Kellogg (Fiscal Manager) 106
- Elaina Boyce (Community Resource & Referral Program Coordinator, newsletter/website editor) 104
- Teresa Bernabe (Family Case Manager) 155
- Ana Morales (Family Case Manager) 114
- Faviola Ledezma (CURA Project Manager) 117
- Ariana Montañó (COVID-19 Rental Assistance Program) 110
- Diana Avila (Child Development Program Director) 105
- Lupita Dominguez (Child Development Resource Specialist) 118
- Sheila Nunez (Child Development Resource Specialist) 112
- Mayra Moncada (Reception/Front Desk) 101
- Sabrina Dannels, Psy.D., Clinical Psychologist, license # PSY29988. Call (707) 520-4050 to make an appointment - servicios in español - DrDannels@gmail.com

ALGUNOS PUNTOS DE NUESTRA POLIZA DE REFERENCIAS

La poliza de referencias de RIVER TO COAST CHILDREN'S SERVICES respeta la preferencia de los padres. La responsabilidad de escoger el cuidado de niños es de los padres. Asistimos a los padres a encontrar la variedad más amplia de cuidado de niños que se ofrece y ofrecemos información para evaluar el cuidado de niños. Una recomendación de RCCS no significa una garantía de calidad. Les pedimos a los padres que hagan una entrevista cuidadosa y que examinen las recomendaciones antes de que dejen un niño al cuidado de otra persona.

Padres que están buscando información acerca de quejas previas de una casa o centro con licencia para cuidar niños, pueden llamar a Community Care Licensing tel. 588-5026.

Para registrar una queja llamen al mismo numero al River to Coast Children's Services. 707.869-3613.

OUR REFERRAL POLICY

River to Coast Children's Services' referral policy is based on respecting parental choice. Responsibility for selecting child care rests with each parent. RCCS assists parents in finding the widest range of available child care and offers information to help families evaluate available child care options. A RIVER TO COAST CHILDREN'S SERVICES referral is not a recommendation or a guarantee of quality care. Parents should carefully interview and check references of potential child care providers before leaving a child in their care.

For Information on all licensed family child care homes and centers call Community Care Licensing at 707.588.5026

River to Coast Children's Services. 707.869-3613. info@rccservices.org / www.rccservices.org

ATTENTION CHILD CARE PROVIDERS!

The Sonoma County Health Officer has amended the guidance for children's group sizes to mirror the most recent guidance from Community Care Licensing to allowed group of 16 or fewer INDIVIDUALS.

This means that the COMBINED GROUP SIZE OF CHILDREN AND TEACHERS SHOULD BE NO LARGER THAN 16.

The guidance is contained in the FAQs, not in the Amendment to Health Order C19-05 issued September 23.

From the FAQ:

Q: Can I get childcare during the stay home order?

Yes. Programs providing care or supervision for children of all ages for less than 24 hours are allowed for stable groups of 16 or fewer individuals ("stable" means that the same individuals are in the same group each day).

For more information:

<https://socoemergency.org/order-of-the-health-officer-c19-15-stay-well-sonoma-county/#faq>



Resources, Referrals & Support ❖ Recursos, Referencias y Apoyo

P.O. Box 16
Guerneville, CA 95446

U.S. POSTAGE
NON-PROFIT
GUERNEVILLE, CA 95446
PERMIT #18

RETURN SERVICE REQUESTED

Nuestra misión es cultivar el desarrollo saludable de los niños y familias en nuestra comunidad. Ofrecemos recursos, referencias, apoyo y oportunidades a los proveedores de cuidado de niños, familias y comunidades en el Oeste de Condado de Sonoma

“Our mission is to nurture the healthy development of children and families in our community. We offer resources, referrals, support and opportunities to child care providers, families and communities in western Sonoma County”.



Resources, Referrals, and Support / Recursos, Referencias, y Apoyo

SERVING WEST SONOMA COUNTY WITH:

- ❖ HELP paying for child care for eligible families
- ❖ FREE referrals for child care and community resources
- ❖ FREE SUPPORT and resources for child care providers
- ❖ FREE Emergency Resources Program for West County families

AND Low Cost car safety seats

16300 First Street / PO Box 16
Guerneville, CA 95446

Please call, no Walk-ins at this time!

Monday - Friday 9AM-5PM

SIRVIENDO EL OESTE DEL CONDADO DE SONOMA GRATIS CON:

- ❖ Ayuda Monetaria Para Las Familias Elegibles para el Cuidado de Niños
- ❖ Referencias para el Cuidado de Niños
- ❖ Recursos para los Niños y sus Familias
- ❖ Apoyo para los Proveedores del Cuidado de Niños
- ❖ Programa de Materiales de Emergencia
- Y Program d Asientos de Seguridad



phone (707) 869-3613 / fax (707) 869-2616
info@rccservices.org / http://www.rccservices.org