



**River to
Coast
Children's
Services**

Resources, Referrals, and Support / Recursos, Referencias, y Apoyo

AUGUST/AGOSTO

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SEPTEMBER/SEPTIEMBRE



RCCS Welcomes a New Executive Director - Soledad Cardona

River to Coast Children's Services, its Board of Directors and Staff, are pleased to announce that our Interim Co-Director, Soledad Cardona, has formally accepted the position of Executive Director.

Ms. Cardona has been on staff at RCCS for over nine years. She has served as part of the RCCS management staff as Lead Family Case Manager for over 3 years. In addition to being a Family Case Manager, she has served as our Resource and Referral Counselor, and is currently a Senior Certified NHTSA Car Safety Seat Technician, and staff mentor to the RCCS Parent Advisory Committee. We all welcome the opportunity to work with Soledad Cardona as RCCS's new Executive Director.



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707.869.3613 / info@rccservices.org / www.rccservices.org

River to Coast Children's Services

Provider Workshop/ Taller de Proveedores

Mandated Reporting For Family Child Care Providers

Presented by: Teresa Baldassari, M.S.W.
Community Outreach Child Abuse Prevention Specialist

**August 20, 2014
6:00 to 8:00 PM
at RCCS**

Social Emotional Foundations for Young Children

Presented by: Kathleen Kelly
The Early Learning Institute

**September 17, 2014
6:00 to 8:00 PM
at RCCS**



El Mandato de Reportar Para Proveedores de Cuidado Infantil

Presentadora: Teresa Baldassari, M.S.W.
Especialista de Prevención de abuso infantil

**20 de Agosto del 2014
6:00 PM - 8:00 PM
en RCCS**

Fundamentos Sociales y Emocionales para niño pequeños

Presentadora: Kathleen Kelly
El Instituto de aprendizaje temprano

**17 de Septiembre del 2014
6:00 - 8:00 PM
en RCCS**



In English and Spanish • en Inglés y Español

RSVP to Mendy, 869.3613 ext 117

Nuestra misión es cultivar el desarrollo saludable de los niños y familias en nuestra comunidad. Ofrecemos recursos, referencias, apoyo y oportunidades a los proveedores de cuidado de niños, familias y comunidades en el Oeste de Condado de Sonoma

"Our mission is to nurture the healthy development of children and families in our community. We offer resources, referrals, support and opportunities to child care providers, families and communities in western Sonoma County".

PARENTING YOUR SCHOOL-AGE CHILD

WHAT'S HAPPENING

Children ages 6 to 12 go through big changes. As they spend more time at school and away from home, they are working to develop an identity of their own. Their bodies are growing stronger and changing quickly, a process that will continue through puberty and the teen years. They are learning to control their feelings, use reason, and solve problems. Yet children in this age group still need rules and structure and, most of all, their parents' love and support.

What You Might Be Seeing

Normal school-age children:

- Mature unevenly. Their bodies may be growing, but they are still capable of having temper tantrums and need reminders to take baths and brush their teeth.
- See things in black and white. They are concerned about fairness and rules.
- Are capable of doing chores and homework more independently but may need you to remind and teach them (not do it for them).
 - Get distracted easily and may lack organizational skills.
 - Develop deeper relationships with peers and care deeply about “fitting in.”

What You Can Do

- Model the behavior you want to see. Your children are watching and learning from you. Meet your responsibilities, follow house rules, and communicate with respect.
- Make a few important rules and enforce them every time. Remember, children want freedom, so give them choices in smaller matters (e.g., clothing, room decorations).
- Talk to children about what you expect. Post rules and routines where everyone can see them. Fewer “grey areas” mean less to argue about.
- Support their growing bodies. Children this age still need nutritious meals (especially breakfast) and 10 hours of sleep each night.
- Limit time spent watching TV, playing video games, or using the computer. Monitor Internet use for safety, and encourage your children to participate in hobbies and sports.
- ***Be involved with your children's school. Talk to their teachers and attend parents' night and school conferences. Show that school is important to you by providing a quiet space for homework, volunteering in your child's school, and celebrating your child's hard work.***
- Offer support and understanding when your child has problems with peers. Explore ways to resolve conflicts, but do not interfere. If your child is being bullied at school, alert school staff and work with them to keep your child safe.
- Don't wait for your children to learn about sex, alcohol, and drugs from peers. Educate yourself and talk to your children about your values. Help them practice ways to resist peer pressure.



Remember: Talk to your children, and listen to what they have to say. School-age children may sometimes act like they don't care what their parents say, but they still want your love, attention, and guidance!

This tip sheet was created with information from experts in national organizations that work to prevent child maltreatment and promote well-being. At <https://www.childwelfare.gov/preventing/promoting/parenting> you can download this tip sheet and get more parenting tips, or call 800.394.3366.

<https://www.childwelfare.gov/preventing>



CÓMO CRIAR A SU HIJO EN EDAD ESCOLAR

LO QUE ESTÁ PASANDO

Los niños con edades entre 6 y 12 años atraviesan por grandes cambios. A medida que pasan más tiempo en la escuela y fuera de casa, ellos trabajan para desarrollar una identidad propia. Sus cuerpos están creciendo, haciéndose más fuertes y cambiando rápidamente, un proceso que continuará con la pubertad y la adolescencia. Ellos están aprendiendo a controlar sus sentimientos, a usar su raciocinio y a resolver problemas. Y aun así, los niños en este grupo etario todavía necesitan de normas y estructura, y más que nada, del amor y apoyo de sus padres.

Lo que usted podría estar observando

Los niños normales en edad escolar:

- Maduran a diferentes ritmos. Sus cuerpos podrán estar creciendo, pero ellos aún son capaces de tener berrinches y de necesitar ser recordados de ducharse y cepillarse los dientes.
- Ven las cosas en blanco y negro. Se preocupan por la equidad y las reglas.
- Son capaces de hacer labores domésticas y tareas escolares más independientemente pero podrán necesitar que usted les recuerde y les enseñe (no que lo haga por ellos).
- Se distraen fácilmente y pueden no tener habilidades de organización.
- Desarrollan relaciones más profundas con sus compañeros y les importa mucho el “pertenecer”.

Lo que usted puede hacer

- Modele el comportamiento que desea ver. Sus hijos lo están observando y están aprendiendo de usted. Cumpla con sus responsabilidades, siga las reglas de la casa y comuníquese con respeto.
- Establezca unas pocas reglas importantes y hágalas cumplir siempre. Recuerde, los niños desean libertad, así que deles opciones en asuntos menores (por ejemplo, la ropa, la decoración de sus habitaciones).
- Hable con sus hijos sobre sus expectativas. Coloque las reglas y las rutinas donde todos puedan verlas. Mientras menos “áreas grises” hayan, menores serán las discusiones.
- Apoye sus cuerpos en crecimiento. Los niños a esta edad aún necesitan de comidas nutritivas (especialmente el desayuno) y 10 horas de sueño todas las noches.

- Limite el tiempo que pasan viendo televisión, jugando con videojuegos o usando la computadora. Vigile el uso de la Internet por motivos de seguridad y aliente a sus hijos a participar en pasatiempos (“hobbies”) y deportes.

- **Participe en la escuela de sus hijos. Hable con sus maestros y asista a las noches para padres y conferencias escolares. Demuestre que la escuela es importante para usted ofreciendo un espacio tranquilo para hacer la tarea, ofreciéndose de voluntario en la escuela de su hijo y celebrando el arduo trabajo de su hijo.**

- Ofrezca apoyo y comprensión cuando su hijo tenga problemas con sus compañeros. Explora maneras de resolver conflictos, pero no interfiera. Si su hijo está siendo intimidado u hostilizado en la escuela, alerte al personal de la escuela y trabaje con ellos para mantener a su hijo seguro.

- No espere a que sus hijos aprendan sobre el sexo, el alcohol o las drogas de sus compañeros. Aprenda sobre los temas y hable con sus hijos sobre sus valores. Ayúdelos a practicar formas de resistir la presión de sus compañeros.

Recuerde: Hable con sus hijos y escuche lo que tienen que decir. Los niños en edad escolar a veces pueden actuar como si no les importara lo que sus padres dicen, ¡pero ellos aún desean su amor, atención y orientación!

Esta hoja de consejos se creó con información de expertos de organizaciones nacionales que trabajan para prevenir el maltrato de menores y promover su bienestar. Usted puede descargar esta hoja de consejos y obtener más consejos sobre la crianza en <https://www.childwelfare.gov/preventing/promoting/parenting/> o llamando al 800.394.3366. <https://www.childwelfare.gov/preventing>



Need Help Paying For Child Care?

River to Coast Children's Services Subsidy Programs.

Call  707-869-3613 for an application

¿Necesita ayuda para pagar por el cuidado de sus niños?

River to Coast Children's Services para los programas de ayuda economica para cuidado de niños.

Llame y pida una aplicacion  707-869-3613

- A FAMILY OF 2 CAN MAKE UP TO \$3,283 PER MONTH AND STILL BE INCOME ELIGIBLE
- A FAMILY OF 3 CAN MAKE UP TO \$3,518 PER MONTH AND STILL BE INCOME ELIGIBLE
- A FAMILY OF 4 CAN MAKE UP TO \$3,908 PER MONTH AND STILL BE INCOME ELIGIBLE
- A FAMILY OF 5 CAN MAKE UP TO \$4,534 PER MONTH AND STILL BE INCOME ELIGIBLE
- A FAMILY OF 6 CAN MAKE UP TO \$5,159 PER MONTH AND STILL BE INCOME ELIGIBLE

\$

- UNA FAMILIA DE 2 PUEDE GANAR ASTA \$3,283 POR MES Y AUN SER ELEGIBLE
- UNA FAMILIA DE 3 PUEDE GANAR ASTA \$3,518 POR MES Y AUN SER ELEGIBLE
- UNA FAMILIA DE 4 PUEDE GANAR ASTA \$3,908 POR MES Y AUN SER ELEGIBLE
- UNA FAMILIA DE 5 PUEDE GANAR ASTA \$4,534 POR MES Y AUN SER ELEGIBLE
- UNA FAMILIA DE 6 PUEDE GANAR ASTA \$5,159 POR MES Y AUN SER ELEGIBLE



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- Referrals for child care & community resources
- Support and resources for child care providers
- Kindergym program
- Low cost car safety seats
- Emergency resources program

Sirviendo el oeste del Condado de Sonoma con:

- Referencias para el Cuidado de Niños
- Recursos para los Niños y sus Familias
- Apoyo para los Proveedores del Cuidado de Niños
- Ayuda Monetaria para el Cuidado de Niños
- Programa de Materiales de Emergencia
- Gimnasio para Niños
- Programa de Asientos de Seguridad

16300 First Street in Downtown Guerneville

Community Care Licensing NEWS UPDATE of interest to parents and providers:

New information is to be posted online about the status of child care licensees in California.

We understand that within the next month or so, Community Care Licensing will add to the facility search portion of their website, additional information about the licensee including:

- when the facility was last inspected and
- the aggregate number of any violations the program has received over the last five years.

Parents can obtain a better understanding of the violation structure and any specific findings about providers from from Community Care Licensing's website. Of course, parents should also the Community Care Licensing Regional office (For Sonoma County that phone number is: 707-588-5026) if they wish to review a provider's file.


road to the early achievement
and development of youth

Early Childhood Educators and Teachers Aim to Improve

Children's School Readiness

Road to Early Achievement and Development of Youth (READY) Project Launches This Fall

Beginning this fall, Sonoma County transitional kindergarten and kindergarten teachers and early childhood educators are participating in Road to Early Achievement and Development of Youth (READY), a \$1.5 million county-wide project funded by First 5 Sonoma County. They are collaborating to increase the quality of early childhood education, promote a successful transition for children into kindergarten, and establish the foundation for long-term success. Together they are helping to close the opportunity gap that many low-income children face before entering school.

READY provides teachers and early childhood educators an opportunity to work together to address educational needs of children and families in their specific communities. Building strong relationships to align early childhood education and school systems is a challenge that they are taking on because their efforts directly benefit students, families, and communities. By participating in professional development; engaging on teams to implement strategies proven to make a difference for children's success; and by utilizing a standardized kindergarten readiness assessment, Sonoma County early educators and teachers are paving the way for a continuum of supports for children. This year in Healdsburg, Guerneville, Santa Rosa, and Petaluma at five elementary schools and over 50 early childhood education and family care sites all three of the READY strategies will be piloted, and in Sonoma Valley early childhood educators are participating in the professional development. Forging these partnerships will enable teachers and early educators to address the unique needs of each region, and allocate resources to activities that serve children and families. READY is guided by a partnership between the Sonoma County Human and Health Services Departments and other local organizations serving young children: Community Action Partnership, Child Care Planning Council, Community Child Care Council (4Cs), First 5 Sonoma County, River to Coast Children's Services, and Sonoma County Office of Education.

"4Cs' early childhood education centers are excited to be in partnership with the READY program. The support system inherent to READY will boost teacher skills and inspire new ways of thinking for ongoing classroom quality improvements. Increased communications with partnering school districts will help create an informed team of educators, as preschool, transitional kindergarten, and kindergarten teachers collaborate with the common goal of school and life success for the children entrusted to our care," stated Sue Katz, 4Cs Early Care and Education Services Director of Center Programs



READY is a part of a community-wide effort supported by Health Action, Upstream Investments, and Cradle to Career, all working towards the vision of being the healthiest county in the state. READY will inform these efforts and help assure all children in Sonoma County are prepared to succeed in kindergarten and beyond.

For more information about READY please visit:
<http://www.c2sonomacounty.org/#!/ready/c21cg>

ADDENDUM TO HANDBOOK

Our Service Delivery Area. RCCS' referral service area includes the West Sonoma County Union High School, Monte Rio, Guerneville, Harmony, Fort Ross, Oak Grove, Montgomery, Sonoma County portion of Shoreline Unified School and the Kashia Reservation School Districts .

For AP funding: For families in the Alternative Payment Programs, either the care must be used OR the family must live in the service area described above.

For CFCC Funding: For families in the Family Child Care (CFCC) programs, child care must be provided by our contracted providers in the RCCS Family Child Care Network

YOUR CASE MANAGER WILL SHARE NETWORK PROVIDERS WITH YOU.

Our Supporters!



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- Gundlach Bundschu Winery
- Hafner Vineyards
- Hartford Winery
- Harvest Moon Winery
- Hyatt Vineyard Creek - Sonoma County
- Kenwood Vineyards
- Korbel Champagne Cellars
- Kozlowski Farms
- Landmark Vineyards
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- Madrona Manor
- The Norgrove Family - Bear Republic
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- Robinson Rancheria
- Russian River Brewing Co
- Sandy Conde
- Schug Carneros Winery
- Sterling Art Services
- Seghesio Family Vineyards
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- Snoopy's Redwood Empire Ice Arena
- Taft Street Winery
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- Kevin Tripp
- VJB Vineyards And Cellars
- Wilson Winery
- Wine Country Balloons.com
- Stephen Zollman

Thanks to these individuals and businesses for donating to our auction:

MORE Staff Updates:

RCCS Welcomes Two New Staff Members!

Paige Allen is our new Fiscal Specialist, answering all your questions about provider pay and parent fees. She's a lifetime resident of Santa Rosa and a graduate of Sonoma State with a B.A. in Accounting. She has two children, a 21 year old son and a daughter, 16 years old. Paige owned her own bookkeeping business for 22 years. When she's not at her computer processing payroll, she enjoys all sports, especially the ones her daughter participates in. AND she enjoys cooking and wine tasting.

Hello, my name is Julian Villarreal-Kirby and I'm the newest Family Case Manager. I, originally from La Jolla, CA but I've been a resident of Rio Nido for two years now. I look forward to meeting and working with the community.

Hola, mi nombre es Julián Villarreal-Kirby y soy el nuevo Administrador de Casos de Familia en RCCS. Soy originalmente de La Jolla, CA. Soy residente local de Rio Nido desde hace unos 2 años. Deseo poder conocer y servir a la comunidad local.

RCCS welcomes Paige and Julian to our TEAM!

River to Coast Children's Services

Staff and their phone number extensions.
(707) 869-3613:

- Soledad Cardona (Executive Director) 107
- Agnese Daniel (Fiscal Director) 106
- Paige Allen (Fiscal Specialist) 110
- Ana Martinez (Family Case Manager) 109
- Faviola Ledezma (Family Case Manager) 114
- Julian Villarreal-Kirby (Family Case Manager) 155
- Julie Feingold (Child Development Program Director) 105
- Mendy Behrens (Child Development Resource Specialist) 117
- Kari Wilson (Child Development Resource Specialist) 116
- Lupita Dominguez (Child Development Resource Specialist) 118
- Elaina Boyce (Community Resources & Referral Coordinator) 104
- Anahi Flores (R&R Counselor, Office Manager) 101



Provider News:

New CCIP Procedures as of 7/11/2014

The CCIP program has generously increased our options for accruing the hours needed to get the incentive used to improve your Family Childcare environment. Over the years we have seen the amazing results for providers when they attend trainings and have the funds for getting the things they learn about and use them with the children in their care. Although I can no longer offer incentives to providers outside of our service area we always welcome them to all of our workshops.

You may now have the option to accrue hours for CCIP by attending kindergym, or calling me for a home visit. In this case I would come to you bringing Toy Library activities and checking to see if you need any other assistance. I have been doing some of these and am enjoying this time with the children and providers.

The monthly workshops will still be available to you. As of now we have the very helpful "Paperwork Support Workshop" Scheduled for Wednesday July 30, 2014. I am in the process of lining up some U.C. Davis workshops. More information TBA.

Kari and I are working on the new toy library and are excited to share all of the new and interesting things we have to offer.
See you Soon! Mendy

Activities/Actividades . Workshops/Talleres . Events/Eventos

Calendario 2014 Calendar

August/ Agosto

- ◆ 8/4 & 5 : Kindergym in Guerneville
- ◆ 8/6 : Kindergym in Forestville
- ◆ 8/5: Attendance sheets due in RCCS by 5 PM/ Hoy es el día límite de las Hojas de Asistencia a las 5 PM
- ◆ 8/11 & 12: Kindergym in Guerneville
- ◆ 8/12: El Comité PAC se reúne a las 6:00 PM en RCCS. Por favor llamar a Soledad al 707-869-3613 x 107 / PAC Committee meets at 6:00 PM at RCCS. Call Soledad at 869.3613 x 107)
- ◆ 8/13: Kindergym in Forestville
- ◆ 8/18 & 19: Kindergym in Guerneville
- ◆ 8/18: Provider Payday y Día de pago de los proveedores
- ◆ 8/20 : Kindergym in Forestville
- ◆ 8/25 & 26: Kindergym in Guerneville
- ◆ 8/27: Kindergym in Forestville
- ◆ 8/27: Outreach Committee meeting 4:30 PM at RCCS y El comité de publicidad de RCCS se reúne de 5:30 PM en RCCS
- ◆ 8/27: Board of Directors meeting / Mesa Directiva de RCCS se reúne, 6:30 at RCCS

September/ Septiembre

- ◆ 9/1: OFFICE CLOSED/OFICINA CERRADA (FOR LABOR DAY)
- ◆ 9/1 & 2 : NO KINDERGYM IN GUERNEVILLE
- ◆ 9/3: Kindergym in Forestville
- ◆ 9/5: Attendance sheets due in RCCS by 5 PM/ Hoy es el día límite de las Hojas de Asistencia a las 5 PM
- ◆ 9/8 & 9: Kindergym in Guerneville
- ◆ 9/9: El Comité PAC se reúne a las 6:00 PM en RCCS. Por favor llamar a Soledad al 707-869-3613 x 107 / PAC Committee meets at 6:00 PM at RCCS. Call Soledad at 869.3613 x 107)
- ◆ 9/10: Kindergym in Forestville
- ◆ 9/15 & 16: Kindergym in Guerneville
- ◆ 9/17: Kindergym in Forestville
- ◆ 9/18: Provider Payday y Día de pago de los proveedores
- ◆ 9/22 & 23: Kindergym in Guerneville
- ◆ 9/24: Kindergym in Forestville
- ◆ 9/24: Outreach Committee meeting 4:30 PM at RCCS y El comité de publicidad de RCCS se reúne de 5:30 PM en RCCS
- ◆ 9/24: Board of Directors meeting / Mesa Directiva de RCCS se reúne, 6:30 at RCCS
- ◆ 9/29 & 30: Kindergym in Guerneville

Governor Jerry Brown signed the 2014-15 California State Budget.

June 20, 2014: Included in the budget is expansion of ECE, rate increases, elimination of family fees for part-day programs, and increases to quality funds. No child care or State Preschool items were blue penciled.

Child Care and State Preschool Significant Adjustments:

- **Child Care and State Preschool Slots** – The Budget includes \$57 million General Fund and \$30 million Proposition 98 General Fund for 500 slots for the Alternative Payment program, 1,000 slots for General Child Care, 7,500 partday State Preschool slots, and 7,500 partday wrap around care slots. The Budget also specifies that an additional 4,000 partday State Preschool slots and 4,000 partday wrap around care slots will be provided in 201516.
- **Provider Rates and State Preschool Fees** – The Budget includes \$24 million General Fund and \$25 million Proposition 98 General Fund to increase the standard reimbursement rate for state contracted providers by 5 percent, effective July 1, 2014, and \$19 million General Fund to update the regional market rate for voucherbased providers, effective January 1, 2015.
- **Elimination of Part-Day CSPP Fees** – The Budget also repeals partday State Preschool family fees



and back fills them with \$15 million Proposition 98 General Fund.

- **Child Care and State Preschool Quality** – The Budget includes \$50 million Proposition 98 General Fund for local block grants for locally driven quality improvement processes. The Budget also includes \$25 million Proposition 98 General Fund onetime for preschool and transitional kindergarten teacher training in early childhood development and \$10 million Proposition 98 General Fund onetime to provide loans for State Preschool facility expansion.
- **Community Care Licensing** – The Budget includes \$7.5 million (\$5.8 million General Fund) and 71.5 positions for a significant effort to enhance the quality of the Community Care Licensing Program. It provides the department with new authority to take over a facility and assign a temporary manager in situations of licensee noncompliance. The Budget also increases facility licensing and renewal fees by 10 percent.



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Articulos en español!



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Ongoing Children's Activities from RCCS:

Kindergym:

- ☑ River to Coast Children's Services brings Kindergym to Forestville on Wednesday 9:30 AM to 12:30 PM. Held at the Forestville United Methodist Church, 6550 Covey Road in downtown Forestville. A bilingual program, features activities for children 0 to 5 years (accompanied by their care givers) FREE, but donations are accepted, Call 707.869.3613 for current schedule or check the current RCCS newsletter online at www.rccservices.org
- ☑ River to Coast Children's Services offers Kindergym Monday and Tuesday mornings 9:45 AM to 12:20 PM in Guerneville at the Guerneville Vets' Hall, located on the corner of 1st and Church Streets in downtown Guerneville. Features activities for children 0 to 6 years (accompanied by their care givers). FREE, but donations are accepted! Call 707.869.3613 for current schedule or check the current RCCS newsletter online at www.rccservices.org

P.O.Box 16/16300 1st St.
Guerneville, Ca 95446
Office open : M-F , 9AM-5PM
(707)869-3613 / Fax(707) 869-2616



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