



River to Coast Children's Services

Resources, Referrals, and Support / Recursos, Referencias, y Apoyo



AUGUSTAGOSTO ©2019© SEPTEMBER**SEPTIEMBRE**

WHY BE BI-LINGUAL?

This year, the child development team will be focusing on dual language learning. This will be for our English language learners but also for our English speaking children. Learning a second language opens up a ton of career opportunities. There are lots of other ways that speaking two or more languages can improve your employment prospects. This is true especially in California where Spanish is spoken by almost 30% of the population.

The world is changing fast. More companies than ever are doing business in several - often dozens of - countries around the world, but they can't do it without hiring globally-minded people who can speak at least one foreign language. Even in small, local companies, chances are that the ability to speak a second language will set your child apart from other applicants.

Speaking a second language each day really can keep the doctor away! Studies have demonstrated the cognitive benefits of learning another language, no matter how old you are. Memory improvement, longer attention span, and a reduced risk of age-related cognitive decline, are just a few of the known positive effects of speaking two or more languages.

If you're a native English speaker who speaks two or more languages, you'll have many more lively, engaging conversations about a variety of topics than you ever would have had otherwise. And our children can establish deep connections and cross-cultural friendships if they can communicate with each other.

HERE'S WHAT YOU CAN DO AT HOME!

- Get an English / Spanish dictionary and begin to learn basic words.
- Speak another language one day a week. It won't be perfect but you can start to learn words and put phrases together.
- Read a book in another language - try to figure out what is happening by looking at the pictures. Or read a book that is in both English and Spanish.
- Sing songs in another language.
- Ask a bi-lingual friend for help!

The children of RCCS thank all the members of the Forestville United Methodist Church congregation for their generous donation of lovely school backpacks. Eighteen children in grades Kindergarten to 8th grade will head back to school well-equipped to start a successful year. Here Soledad Figueroa greets FUMC pastor Monique-Cheri Pierre and Gigi Carpenter, Kallah United Methodist Women's project team leader, as they deliver the backpacks!



Nuestra misión es cultivar el desarrollo saludable de los niños y familias en nuestra comunidad. Ofrecemos recursos, referencias, apoyo y oportunidades a los proveedores de cuidado de niños, familias y comunidades en el Oeste de Condado de Sonoma

"Our mission is to nurture the healthy development of children and families in our community. We offer resources, referrals, support and opportunities to child care providers, families and communities in western Sonoma County".



¿POR QUÉ SER BILINGÜE?

Este año, el equipo de especialistas del desarrollo infantil se enfocara en el aprendizaje de dos idiomas. Esto será para quienes están aprendiendo el idioma de inglés, y también para los niños que hablan inglés como primer idioma. Aprender un segundo idioma abre un montón de oportunidades profesionales. Hay muchas otras formas en que hablar dos o más idiomas puede mejorar sus perspectivas de empleo. Esto es cierto especialmente en California, donde casi el 30% de la población habla español.

El mundo está cambiando rápido. Ahora más que nunca muchas compañías están haciendo negocios en varios países por todo el mundo, docenas de ellos, pero no pueden hacerlo sin contratar personas de mentalidad global que puedan hablar al menos un idioma de otro país. Incluso en pequeñas empresas locales, es probable que la capacidad de hablar un segundo idioma diferencie a su hijo sobre otros solicitantes.

¡Hablar un segundo idioma cada día realmente puede ayudar a mantenernos alejados del médico! Los estudios han demostrado los beneficios cognitivos de aprender otro idioma, sin importar la edad que tengas. Mejora la memoria, la capacidad de atención es más prolongada y riesgo de deterioro cognitivo relacionado con la edad en menor, estos son solo algunos de los efectos positivos conocidos de hablar dos o más idiomas.

Si inglés es tu primer idioma pero hablas otros idiomas, tendrás muchas más conversaciones animadas y atractivas sobre una variedad de temas de los que nunca hubieras tenido. Y nuestros hijos pueden establecer conexiones profundas y amistades interculturales si pueden comunicarse entre sí.

¡ESTO ES LO QUE PUEDES HACER EN CASA!

- Obtenga un diccionario de un idioma que usted no conozca y comience a aprender palabras básicas.
- Trate de hablar otro idioma un día a la semana. No será perfecto, pero puede comenzar a aprender palabras y poner frases juntas.
- Lea un libro en otro idioma: intente entender qué está sucediendo mirando las imágenes. O lea un libro que está en diferentes idiomas.
- Cantar canciones en otro idioma.
- ¡Pide ayuda a un amigo bilingüe!



Sonoma CARES Program
!! Now Accepting Applications for the !!!
2019-2020 School Year

Sonoma CARES is a professional development program that supports Early Educators working with young children. The program provides stipends to students who are child care professionals and Transitional Kindergarten teachers to raise the quality of child care programs with the ultimate goal being to improve children's learning and development outcomes. The program is administered by the Child Care Planning Council of Sonoma and is funded by First 5 Sonoma. Space is limited

In order to enroll in CARES program participants must meet the following:

- Be employed in a licensed center, licensed family child care home, an approved licensed afterschool program or an approved license-exempt child care setting
- Currently working directly with children a minimum of 15 hours per week. Supervising staff must also work directly with children a minimum of 15 hours per week.
- Be currently enrolled in minimum of 3 units of degree and/or CA Child Development Permit focused coursework
- Earn less than \$60,000 (gross salary) annually from child care. This would be the participant's income (not the household income).

For complete information go to: <https://www.scoe.org/pub/htdocs/child-care-cares-participants.html>

Susy Marrón, Child Care Planning Council Coordinator | (707) 524-2639,
smarron@scoe.org
Erica Hurtado, Child Care Planning Council Program Assistant | (707)
524-2658, ehurtado@scoe.org

The Sonoma CARES Quality Counts program incorporates funding from First 5 Sonoma County and the California Department of Education's Staff Retention Program (AB 212)

WEST COUNTY RESOURCE FAIR

September 15, 2019

12:30 AM to 4:00 PM

Sebastopol Community Cultural Center

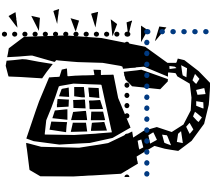
390 Morris Street, Sebastopol

- Informational talks on topics of interest to parents with children 0-6 and prenatal too!
- Bilingual walk with the Regional Parks
- Reading Time with the Sebastopol Library
- Mind-Body workshop with the Sonoma County Resilience Collaborative
- Healing Space offering free 15 minute massages
- Quiet Zone dedicated to nursing mothers

AND MORE.

River to Coast Children's Services
Staff and their phone number extensions.

(707) 869-3613:



- Soledad Figueroa (Executive Director) 111
- Rose Rosenberger (Fiscal Manager) 106
- Faviola Ledezma (Lead Case Manager) 114
- Teresa Bernabe (Family Case Manager) 109
- Donna Roper (Child Development Program Director) 105
- Elaina Boyce (Community Resource & Referral Program Coordinator, newsletter/website editor) 104
- Kari Wilson (Child Development Resource Specialist) 112
- Lupita Dominguez (Child Development Resource Specialist) 118
- Sheila Nunez (Child Development Resource Specialist) 107
- Vanessa Osorio (Office Assistant) 101
- Sabrina Dannels, Psy.D., Clinical Psychologist, license # PSY29988. Call (707) 520-4050 to make an appointment - servicios in español DrDannels@gmail.com

MANDATED REPORTER TRAINING UPDATE

AB 1207 requires all licensed providers, applicants, directors and employees to complete training on their mandated reporter duties and to renew their training every two years. The training is developed by OCAP (Office of Child Abuse Prevention) and made available from CDSS online at: <https://mandatedreporter.ca.com/>. This training has been updated!

The online training now includes an additional General Training that must be completed by all providers seeking a new or renewal certification.

The website estimates the General Training will take 4-hours, but the course is not time based. This means a participant may take the course at their own pace and it may not take 4 hours. The important news is - the General Training is a one-time training and will not need to be repeated every two years. While the additional General Training is still a little of surprise to all of us; we are glad to hear it is not required to be repeated every two years. The Mandated Reporter Child Care Provider Training portion is still required every two years.

CALENDAR AUGUST 2019 AGOSTO CALENDARIO

- ◆ 8/1: Kindergym in Forestville
- ◆ 8/5: Attendance sheets due in RCCS by 5 PM ◆◆ Hoy es el día límite de las Hojas de Asistencia a las 5 PM
- ◆ 8/5: NO KINDERGYM in Guerneville
- ◆ 8/6 : Kindergym in Guerneville
- ◆ 8/8: Kindergym in Forestville
- ◆ 8/12 & 13: Kindergym in Guerneville
- ◆ 8/13: Padres Abriendo Caminos (PAC) se reúne a las 6:00 PM en RCCS. Por favor llamar a Sheila al 707-869-3613 x 107
- ◆ 8/15: Kindergym in Forestville
- ◆ 8/18: Provider payday ◆◆ Día de pago de los proveedores
- ◆ 8/19 & 20: Kindergym in Guerneville
- ◆ 8/21: OPEN HOUSE FOR CHILD CARE PROVIDERS 6:30-8:30 PM AT RCCS
- ◆ 8/22: Kindergym in Forestville
- ◆ 8/26 & 27: Kindergym Guerneville
- ◆ 8/28: Board of Directors meeting ◆◆ Mesa Directiva de RCCS se reúne, 6:00 PM at RCCS
- ◆ 8/28: Kindergym in Forestville



CALENDAR SEPTEMBER 2019 SEPTIEMBRE CALENDARIO

- ◆ 9/2: OFFICE CLOSE ** OFICINA CERRADA : LABOR DAY HOLIDAY
- ◆ 9/2 & 3: NO Kindergym in Guerneville
- ◆ 9/5: Kindergym in Forestville
- ◆ 9/5: Attendance sheets due in RCCS by 5 PM ◆◆ Hoy es el día límite de las Hojas de Asistencia a las 5 PM
- ◆ 9/9 & 10: Kindergym in Guerneville
- ◆ 9/10: Padres Abriendo Caminos (PAC) se reúne a las 6:00 PM en RCCS. Por favor llamar a Sheila al 707-869-3613 x 107
- ◆ 9/12: Kindergym in Forestville
- ◆ 9/16 & 17: Kindergym in Guerneville
- ◆ 9/18: Provider payday ◆◆ Día de pago de los proveedores
- ◆ 9/19: Kindergym in Forestville
- ◆ 9/23 & 24: Kindergym in Guerneville
- ◆ 9/25: Board of Directors meeting ◆◆ Mesa Directiva de RCCS se reúne, 6:00 PM at RCCS
- ◆ 9/26: Kindergym in Forestville
- ◆ 9/30: Kindergym in Guerneville



RESEARCH NOTES

YOU'RE THE BEST TEACHER!

RESPONSIVE INTERACTIONS WITH YOUNG CHILDREN

Children learn best from rich, responsive social interactions with other people. These interactions allow children and adults to share attention and build bonds. In those interactions, adults can scaffold children's learning.

1. Young children learn best from trusted and responsive adults.
2. Learning happens in live, back-and-forth interactions.
3. Children learn best when you respond consistently to their needs.



WHAT DOES RESEARCH SAY?

- Responsive caregiving builds on social, back-and-forth interactions with a child. These interactions foster trust and emotional security. They also support a child's engagement, learning, and other positive outcomes that persist into adulthood.
- Building a strong relationship with at least one responsive, consistent caregiver is essential for children's successful emotional and social skills, as well as their cognitive and problem-solving skills.
- Strong early relationships also help children become resilient when they are faced with stress in life.
- Young children learn best from real, live humans. Television and other screens are no substitute! Research highlights the importance of interactions with adults for children's language learning, their imitation skills, and their memory development.
- Responding consistently to children in a back-and-forth manner also helps children learn. When adults respond to an infant's coos and babbles, babies respond back with more advanced language sounds. The power of back-and-forth interactions is not limited to infancy. All young children learn better from back-and-forth interactions.



WHAT DOES IT LOOK LIKE?

- Children develop relationships with adults through everyday activities. Each time caregivers play with children, talk with them, and pay attention to what they are interested in, the relationship between child and adult is strengthened.
- From a very young age, children look to adults' eyes to see what they are interested in and what is important. When adults and children share attention, they are learning and building the relationship.
- Children often imitate adult behavior. They do this to learn about the world and to behave like the adults they admire.
- Children are excited to interact with people who are familiar and important to them. Notice how children watch as a caregiver moves around a room. Maintain the relationship across a room by telling

FORESTVILLE KINDERGYM DAY CHANGE

Forestville Kindergym is now held on THURSDAYS from 10:00 AM to 12:00 PM. Held at the Forestville United Methodist Church, 6550 Covey Road in downtown Forestville, features activities for children 0 to 6 years (accompanied by their care givers).

River to Coast Children's Services offers Kindergym MONDAY and TUESDAY mornings 10:00 AM to 12:00 PM at the Guerneville Vets' Hall, located on the corner of 1st and Church Streets in downtown GUERNEVILLE. Features activities for children 0 to 6 years (accompanied by their care givers). Kindergyms are FREE, but donations are accepted, Call 707.869.3613 for current schedule, or check the current RCCS newsletter online at: <http://www.rccservices.org/newsletter.html>



NATIONAL CENTER ON
Early Childhood Development, Teaching and Learning

This document was developed with funds from Grant #90HC0012 for the U.S. Department of Health and Human Services, Administration for Children and Families, Office of Head Start, and the Office of Child Care by the National Center for Early Childhood Development, Teaching, and Learning. This resource may be duplicated for noncommercial uses without permission.



BE PREPARED FOR FIRE SEASON

In 2018, California had over 8,500 wildfires and the highest amount of burned acreage recorded in the state's history. The largest fire was the Ranch Fire, which engulfed 410,203 acres; the most destructive and deadly was the Camp Fire, which destroyed over 150,000 acres, including over 18,000 structures, 33 child care facilities, and took 85 lives. With the increased rain this last season, new vegetation can dry up in the summer heat and be added fuel for fires.



There are several things you can do to prepare yourself for if a fire threatens your home or center:

- Practice evacuating your facility with your children. Everyone in the home/center should be aware of what to do in case there is a need to evacuate.

Staff must be well equipped and ready to provide necessary assistance to each child in care. For more information on preparing your home/center, go to [Preparing Your Home for Wild Fires](#).

- Have an emergency plan for where you would relocate children, if necessary. Plan two ways out of your neighborhood in case a fire threatens one of your evacuation routes.
- Prepare an emergency kit with all important documents, medications, personal identification, and responsible party contact information.
- Make sure that fire suppression systems, along with required smoke detectors, and carbon monoxide detectors are always in place and working.
- Create a defensible space around your facility by clearing away dead branches, wood piles, and vegetation from your roof, patio furniture, and recreation equipment.
- Monitor the Cal Fire website to be aware of fires that may be near you.
- Notify your Licensing Program Analyst as soon as possible if you do have to relocate. Have a current LIC 9040, Child Care Facility Roster, available to assist in tracking who is in care and where they have been relocated.
- Be prepared if California's investor-owned electric utilities, such as Pacific Gas and Electric Company (PG&E), Southern California Edison, or San Diego Gas and Electric (SDG&E), shut off electric power to protect public safety. See PIN 18-09.1-CCLD and 18-10-CCLD.



Community Care Licensing tracks fires that may pose a danger to our facilities on a 24-hour a day basis, seven days a week. By notifying us if you need to relocate, we can assist you to ensure that your staff and children are safe and get the services they need.

Our thanks to **Community Foundation Sonoma County** for their continuing support of our Emergency Resources Program, providing basic human needs for children and their families living in western Sonoma County. Between 7/1/18 and 6/30/19 one-hundred and sixty-nine families received needed emergency supplies in the form of food, diapers, transportation assistance, personal care supplies, and short-term shelter. CFSC grants have been crucial to flood impacted families' recovery. Thank You!



Addendum to Handbook

Our Service Delivery Area. RCCS' service area includes the West Sonoma County Union High School, Monte Rio, Guerneville, Harmony, Fort Ross, Oak Grove, Montgomery, Sonoma County portion of Shoreline Unified School and the Kashia Reservation School Districts .

For AP funding: For families in the Alternative Payment Programs, either the care must be used, OR the family must live, in the service area described above.

For CFCC Funding: For families in the Family Child Care (CFCC) programs, child care must be provided by our contracted providers in the RCCS Family Child Care Network. Your case manager will share network providers with you.

Skills Your Child Needs for Kindergarten

Language Skills

- Speaks in complete sentences.
- Can be understood by others most of the time.
- Uses words to express needs and wants.
- Understands two-step directions.
- Makes comparisons and describes relationships between objects such as big/little, under/over and first/last.

Fine Motor Skills

- Uses a pencil or crayon with some control.
- Can use scissors.
- Copies basic shapes.
- Uses a pencil or crayon to make markings on paper including lines, symbols and attempts at alphabet letters.
- Does a simple puzzle.

Gross Motor Skills

- Runs.
- Can jump with feet together.
- Hops on one foot.
- Climbs stairs.
- Bounces and tries to catch a ball.

Math Skills

- Counts from 1 to 10 without skipping numbers.
- Matches a number to a group of five or fewer items (“I see three cats and four dogs”).
- Names and recognizes basic shapes (square, circle, triangle, rectangle).
- Understands *more than* and *less than*.
- Can name or point to the colors in a box of eight crayons.
- Can arrange three picture cards or objects in the right order (such as from smallest to biggest).

Reading Readiness Skills

- Enjoys listening to stories and knows how to find the first page of a book and which way to flip the pages.
- Recognizes familiar logos and signs, such as stop signs.
- Can recite the alphabet and identify most of the letters.
- Recognizes and tries to write own name.
- Recognizes when two words rhyme (such as *cat* and *bat*).
- Begins to connect letter sounds to letters (such as the sound of the first letter in her name).
- Can draw a picture to express an idea.

Habilidades que su hijo necesita en kínder

Habilidades del lenguaje

- Habla usando oraciones completas.
- Por lo general otros entienden lo que dice.
- Utiliza palabras para expresar lo que necesita y lo que quiere.
- Entiende las indicaciones de dos pasos.
- Hace comparaciones y describe relaciones entre objetos como grande/pequeño, debajo/encima y primero/último.

Habilidades motoras finas

- Usa un lápiz o crayón con cierto control.
- Puede usar tijeras.
- Copia formas geométricas básicas.
- Usa un lápiz o crayón para hacer trazos sobre papel, incluyendo líneas, símbolos e intenta escribir las letras del abecedario.
- Arma rompecabezas sencillos.

Habilidades motoras gruesas

- Corre.
- Puede brincar con los pies juntos.
- Salta con un solo pie.
- Sube escaleras.
- Rebota una pelota y trata de atraparla.

Habilidades para las matemáticas

- Cuenta del 1 al 10 sin omitir ningún número.
- Asigna un número a grupos que incluyan cinco cosas o menos (“veo tres gatos y cuatro perros”).
- Nombra y reconoce las formas geométricas básicas (cuadrado, triángulo, círculo, rectángulo).
- Entiende *más que* y *menos que*.
- Puede decir o señalar los colores en una caja de ocho crayones.
- Puede organizar tres tarjetas con dibujos u objetos en el orden correcto (como de la más pequeña a la más grande).

Habilidades de preparación para aprender a leer

- Disfruta escuchar historias y sabe cómo encontrar la primera página de un libro y en qué dirección pasar las páginas.
- Reconoce logotipos y señales familiares, como la señal de “pare”.
- Puede decir el abecedario e identificar la mayoría de las letras.
- Reconoce y trata de escribir su nombre.
- Reconoce cuando dos palabras riman (como pata y lata).
- Comienza a conectar las letras con sus sonidos (como el sonido de la primera letra en su nombre).
- Puede hacer un dibujo para expresar una idea.



Resources, Referrals & Support ❖ Recursos, Referencias y Apoyo

P.O. Box 16
Guerneville, CA 95446

U.S. POSTAGE
NON-PROFIT
GUERNEVILLE, CA 95446
PERMIT #18

RETURN SERVICE REQUESTED

July 11, 2019 PIN 19-10-CCP

TO: ALL CHILD CARE LICENSEES AND PROVIDERS

FROM: PAMELA DICKFOSS (Original signed by Pamela Dickfoss), Deputy Director Community Care Licensing Division

SUBJECT: U.S. CONSUMER PRODUCT SAFETY COMMISSION FISHER-PRICE INFANT EQUIPMENT ACCESSORY RECALL

Provider Information Notice (PIN) Summary:

PIN 19-10-CCP informs all child care licensees and providers of the recent recall of the Fisher-Price Ultra-Lite Play Yard with Inclined Sleeper.

On June 27, 2019, the U.S. Consumer Product Safety Commission (CPSC) issued a safety recall on the Fisher-Price Ultra-Lite Play Yard with Inclined Sleeper due to infant fatalities in the infant sleepers. The identified recalled item is the inclined sleeper accessory portion that comes with all models of the Fisher-Price Ultra-Lite Day & Night Play Yards. Infant fatalities were reported while using similarly designed inclined sleepers after the infants rolled from their back to their stomach or side while unrestrained, or under other circumstances.

Licensees should immediately stop using the inclined sleeper portion of the Fisher-Price Ultra-Lite Play Yard. The CPSC recommends contacting Fisher-Price for a refund or a voucher. The CPSC stated consumers can continue to use the play yard portion of the product without the sleeper accessory.



OPEN HOUSE FOR CHILD CARE PROVIDERS

Wednesday, August 21, 2019/
6:30-7:30 PM English presentation

Where: At RCCS:
16300 First Street in downtown Guerneville
707.869.3613 / info@rccservices.org
www.rccservices.org

- Come meet our staff
- Question & Answer session
- Learn about ALL of RCCSs programs
- Snacks

**OFICINA DE PUERTAS ABIERTAS PARA
PROVEEDORES DE CUIDADO INFANTIL**

miercoles 21 de Agosto de 2019
7:30-8:30 PM Presentación en Español

Donde: en la oficina de RCCS
16300 First Street in downtown Guerneville
707.869.3613 / info@rccservices.org
www.rccservices.org

- Venga y Conozca a nuestro personal
- TODOS los programas de RCCS
- Habra