



River to Coast Children's Services

Resources, Referrals, and Support / Recursos, Referencias, y Apoyo

**FEBRUARY
FEBRERO
© 2017 ©
MARCH
MARZO**



Nuestra misión es cultivar el desarrollo saludable de los niños y familias en nuestra comunidad. Ofrecemos recursos, referencias, apoyo y oportunidades a los proveedores de cuidado de niños, familias y comunidades en el Oeste de Condado de Sonoma

“Our mission is to nurture the healthy development of children and families in our community. We offer resources, referrals, support and opportunities to child care providers, families and communities in western Sonoma County”.

Our sincere thanks to the following people who provided 340 West County children in need, with toys, clothes and food for the holidays:

- The Welfare League Christmas Unlimited of Santa Rosa
- The Volunteer Center of Sonoma County Secret Santa Program
- Metropolitan Community Church of the Redwood Empire in Guerneville
- St Elizabeth's, St. Colman's and St Catherine's Catholic Churches
- Love in a Shoebox Program
- All those generous West County individuals who made anonymous contributions
- A special thanks to Richard Coombs, Charlie's Restaurant at the Windsor Golf Club!



News from Community Care Licensing: <http://cclcd.ca.gov/res/pdf/CCPWinter2016-17.pdf>

Buckle Up! Effective January 1, 2017:

Current California Law:

Children under 2 years of age shall ride in a rear facing car seat unless the child weighs 40 or more pounds OR is 40 or more inches tall. The child shall be secured in a manner that complies with the height and weight limits specified by the manufacturer of the car seat. Children under the age of 8 must be secured in a car seat or booster seat in the back seat. Children who are 8 years of age or have reached 4'9" in height must be secured by a safety belt. Passengers who are 16 years of age and over are subject to California's Mandatory Seat Belt law.

Mandated Reporting Assembly Bill 1207

Beginning on January 1, 2018, this law requires that all licensed providers, applicants, directors and employees to complete training as specified on their mandated reporter duties and to renew their training every two years. Volunteers are encouraged but not required to take the training.

More information including the implementation plan has been posted and can be found at the following link: <http://cclcd.ca.gov/PG3063.htm>

PIN (PROVIDER INFORMATION NOTICE)

A new form of communication to inform providers of important license-related information.

IMPORTANT INFO AND PHONE NUMBERS:

- Centralized Complaint & Information Bureau (CCIB) 1-844-538-8766
- Child Care Advocate Program 1-916-654-1541
- Child Protective Services 1-916-875-5437
- Caregiver Background Check Bureau 1-888-422-5669
- CA Child Care Resource and Referral Network 1-415-882-0234



Ongoing Children's Activities from RCCS: Kindergym:

River to Coast Children's Services brings Kindergym to Forestville on Wednesdays 9:45 AM to 12:15 PM. Held at the Forestville United Methodist Church, 6550 Covey Road in downtown Forestville, features activities for children 0 to 6 years (accompanied by their care givers)

River to Coast Children's Services offers Kindergym Monday and Tuesday mornings 9:45 AM to 12:15 PM in Guerneville at the Guerneville Vets' Hall, located on the corner of 1st and Church Streets in downtown Guerneville. Features activities for children 0 to 6 years (accompanied by their care givers).

Kindergyms are FREE, but donations are accepted, Call 707.869.3613 for current schedule, or check the current RCCS newsletter online at www.rccservices.org





River to Coast Children's Services

Staff and their phone number extensions.
(707) 869-3613:

- Soledad Figueroa (Executive Director) 111
- Rose Rosenberger (Fiscal Manager) 106
- Faviola Ledezma (Lead Case Manager) 114
- Maria Elena Alvarado (Family Case Manager) 109
- Julie Feingold (Child Development Program Director, Office Manager) 105
- Kari Wilson (Child Development Resource Specialist) 112
- Lupita Dominguez (Child Development Resource Specialist) 118
- Olga King (Child Development Resource Specialist, Kindergym Director) 117
- Elaina Boyce (Community Resources & Referral Programs Coordinator, Newsletter Editor) 104
- Sabrina Dannels, Psy.D., Registered Psychologist RPS2012411 (Counseling Intern) Call 869-3613 for appointment information

SAVE THE DATE!

Early Learners Conference

Presenting Key Note Speaker:

Jayanti Tambe, Executive Director UCLA Early Care & Education.

Author of

"A Kaleidoscope of Children"
and

"The Art of Math and Science"

Saturday, April 1, 2017

7:45 AM - 4:00 PM

Santa Rosa Jr. College

A day of learning for all those working with children ages birth to eight years, infant toddler caregivers, preschool teachers, family, child care providers, transitional kindergarten, teachers, afterschool staff, ECE students etc.

Register Jan 23 -March 10th

Tickets: \$50 if purchased by February 24th

\$60 if purchased later than February 24th

ALGUNOS PUNTOS DE NUESTRA POLIZA DE REFERENCIAS

La poliza de referencias de RIVER TO COAST CHILDREN'S SERVICES respeta la preferencia de los padres. La responsabilidad de escoger el cuidado de niños es de los padres. Asistimos a los padres a encontrar la variedad más amplia de cuidado de niños que se ofrece y ofrecemos información para evaluar el cuidado de niños. Una recomendación de RCCS no significa una garantía de calidad. Les pedimos a los padres que hagan una entrevista cuidadosa y que examinen las recomendaciones antes de que dejen un niño al cuidado de otra persona.

Padres que están buscando información acerca de quejas previas de una casa o centro con licencia para cuidar niños, pueden llamar a Community Care Licensing tel. 588-5026.

Para registrar una queja llamen al mismo numero al River to Coast Children's Services. 707.869-3613.

OUR REFERRAL POLICY

River to coast children's services' referral policy is based on respecting parental choice. Responsibility for selecting child care rests with each parent. RCCS assists parents in finding the widest range of available child care and offers information to help families evaluate available child care options. A RIVER TO COAST CHILDREN'S SERVICES referral is not a recommendation or a guarantee of quality care. Parents should carefully interview and check references of potential child care providers before leaving a child in their care.

For Information on all licensed family child care homes and centers call Community Care Licensing at 707.588.5026

River to Coast Children's Services. 707.869-3613. info@rccservices.org / www.rccservices.org



Calendar February 2017 Febrero Calendario

- ◆ 2/1: Kindergym in Forestville
- ◆ 2/5: Attendance sheets due in RCCS by 5 PM ◆◆Hoy es el día límite de las Hojas de Asistencia a las 5 PM
- ◆ 2/6 & 7: Kindergym in Guerneville
- ◆ 2/7: Padres Abriendo Caminos (PAC) se reúne a las 6:00 PM en RCCS. Por favor llamar a Olga al 707-869-3613 x 117
- ◆ 2/8: Kindergym in Forestville
- ◆ 2/17: Provider payday◆◆ Dia de pago de los proveedores
- ◆ 2/20: OFFICE CLOSED / OFICINA CERRADA
- ◆ 2/20 & 21: NO KINDERGYM GUERNEVILLE
- ◆ 2/22: Kindergym in Forestville
- ◆ 2/22: Board of Directors meeting◆◆Mesa Directiva de RCCS se reúne, 6:00 PM at RCCS
- ◆ 2/27 & 28: Kindergym in Guerneville



Quality Counts is the Quality Improvement and Rating System (QIRS) for early care and education programs in Sonoma County. Funded by First 5 California, First 5 Sonoma County, and the California Department of Education, Quality Counts will help improve early care and education in our community by:

- - Establishing uniform standards of excellence in early care
- - Assisting parents to make well-informed decisions about the quality of care their children receive
- - Improving outcomes for children who attend higher quality care throughout Sonoma County
- - Quality is rated using the California Race to the Top: Early Learning Challenge (RTT-ELC) Quality Continuum Framework rating matrix and the following local rating guidelines for achieving Tier 5

APPLYING

1. Read the Quality Counts Participant Guidelines (English) : <http://www.rccservices.org/media/pdf/QIRSQCParticipantGuide17Eng.pdf>
2. QIRS QUALITY COUNTS ONLINE ENGLISH APPLICATION : <https://docs.google.com/forms/d/e/1FAIpQLSfmXUMAs1JxUEPXjVGjLV5XSp4nmOkz6Yd6YLddHMec15kdVw/viewform?c=0&w=1>

Quality Counts now accepting applications for participation in 2017.
Completed applications are due January 31, 2017.

La Calidad Cuenta es el Sistema de Evaluación para Mejorar la Calidad (QIRS)

en el Condado de Sonoma. Los sistemas QIRS se usan a lo largo del país para mejorar y apoyar la calidad de los programas de cuidados y educación temprana. Numerosos estudios han demostrado que cuando los niños reciben cuidados y educación de alta calidad durante sus primeros años de vida, están mejor preparados para asistir a la escuela, leen mejor y tienen más posibilidades de graduarse de la preparatoria. Estos resultados benefician a todos los niños y a todas las familias en nuestra comunidad.

Al participar en La Calidad Cuenta, los programas tendrán acceso a:

- - Apoyo, entrenamiento y orientación continua a domicilio para mejorar la calidad,
- - Entrenamientos locales para el desarrollo profesional, gratuitos o a precios accesibles,
- - Una evaluación oficial CLASS y ERS desarrollada por un asesor externo confiable y
- - Premios en materiales para centros calificados con nivel 3 y premios en efectivo para centros calificados con nivel 4 o 5.

APPLYING

1. Participant Guidelines (en español): <http://www.rccservices.org/media/pdf/QIRSQCParticipantGuide17Sp.pdf>
2. QIRS la Calidad Cuenta, aplicación en español, en línea: <https://docs.google.com/forms/d/e/1FAIpQLSewFSM9gjtUYWR8y-YFwJwJOvj2rx-08kqbMxC-iy6qZAqkyw/viewform?c=0&w=1>

Quality Counts Contact Information:

First 5 Sonoma County
ATTN: Quality Counts
490 Mendocino Avenue, Suite 203
Santa Rosa, CA 95401
(707) 565-6614

Información de Contacto de La Calidad Cuenta:

Los Primeros 5 del Condado de Sonoma
AT'N: La Calidad Cuenta
490 Mendocino Avenue, Suite 203
Santa Rosa, CA 95401
(707) 565-6614



Calendar March 2017 Marzo Calendario

- ◆ 3/1: Kindergym in Forestville
- ◆ 3/5: Attendance sheets due in RCCS by 5 PM ◆◆ Hoy es el día límite de las Hojas de Asistencia a las 5 PM
- ◆ 3/6 & 7: Kindergym in Guerneville
- ◆ 3/8: Kindergym in Forestville
- ◆ 3/13 & 14: Kindergym in Guerneville
- ◆ 3/14: Padres Abriendo Caminos (PAC) se reúne a las 6:00 PM en RCCS. Por favor llamar a Olga al 707-869-3613 x 117
- ◆ 3/15: Kindergym in Forestville
- ◆ 3/17: Provider payday ◆◆ Día de pago de los proveedores
- ◆ 3/20 & 21: Kindergym in Guerneville
- ◆ 3/22: Kindergym in Forestville
- ◆ 3/22: Board of Directors meeting ◆◆ Mesa Directiva de RCCS se reúne, 6:00 PM at RCCS
- ◆ 3/27 & 28: Kindergym in Guerneville
- ◆ 3/29: Kindergym in Forestville

Talk



Talk to your child every day ... this helps your child learn words.

Read



Read to your child every day ... this helps your child enjoy learning.

Play



Play with your child every day ... this helps your child get along with others.

Talk, Read, Play With Your Child Every Day

For more parenting tips, tools and information:

www.TalkReadPlayKC.org

Infants

Beginning to learn words

Talk Every Day

- Say your baby's name often.
- Take turns making the same sounds as your baby. Babies learn that people react when they make sounds.
- Talk to your baby during bath time, play time, diaper changing, and feeding time. This is how your baby will learn the daily routine.
- Talking to your baby will help your baby learn to talk.

Read Every Day

- Look at books together. This gives you a chance to hold and cuddle your baby.
- Point to pictures in books and talk about what you see. This gives your baby a chance to hear new words and learn to enjoy books.
- Read before nap time and bedtime. This routine can calm your baby.

Play Every Day

- Give your baby time to move and play with you.
- Look and smile at your baby. Let your baby watch your face and follow your movements.
- Play with your baby using rattles, toys, and games like peek-a-boo.
- Talk to your baby during these activities.

Toddlers

Starting to use words

Talk Every Day

- Help your child learn to talk by adding words. If your child says, "Milk," you say, "Do you want some milk?"
- Help your child learn new words by explaining what is happening during the day. "You are using your spoon to eat your peas."
- Name your toddler's feelings, such as happy, sad, mad and scared.
- Sing simple songs. Use lots of rhyming words. Play children's music at home or in the car.

Read Every Day

- Sit close to or hold your toddler when looking at books together.
- Let your toddler choose a book, turn the pages and point to pictures and words.
- Read your child's favorite books over and over again. Children learn words when they hear them often.
- Visit the library to find new books. Keep books, newspapers, and magazines in your home.

Play Every Day

- Children learn when they play.
- Give your child time to explore new objects, places and people. Play outside often.
- Play make-believe with your child. Use dress-up clothes, puppets, boxes, pots and pans.

Preschoolers

Putting more words together

Talk Every Day

- Talk to your child about his or her day. Ask questions that begin with who, what and why.
- Talk about what happens during the day.
- Use complete sentences to describe what is happening around you and your child.
- Ask children "what if" or "I wonder" questions. "I wonder what will happen if we leave the ice cube on the kitchen counter."

Read Every Day

- Have fun while you are reading books and looking at pictures with your child. Use silly voices. Point out words and pictures on the page and ask questions.
- Retell stories in your own words. Listen to your child retell stories.
- Point out words inside and outside of your home. Point out written words on doors, traffic signs, billboards, boxes, cans and buses.

Play Every Day

- Play with toys and create things using blocks, crayons, play dough, sandboxes and playgrounds.
- Follow what your child is interested in when playing together.
- Describe what your child is doing.
- Pretend to cook, clean, care for babies, dress up and go to work.



To easily access fun activities any time, visit www.TalkReadPlayKC.org and download Daily Vroom. Daily Vroom is an app that helps busy parents make the most of the time they have. Turn fun, everyday moments into brain building interactions.

These tips provide information and resources to parents and those serving young children and families about how to help children develop and be ready for school. Please distribute to everyone you know so that children throughout the Kansas City metropolitan area have opportunities to talk, read, and play every day. Thank you! Talk Read Play Kansas City, The Children's Campus of Kansas City, The Family Conservancy, Project EAGLE and Connections, Juniper Gardens Children's Project, Turn the Page KC and community partners.

Bebé

Comienza a aprender palabras

Háblele todos los días

- Diga el nombre de su bebé con frecuencia.
- Repita los sonidos que haga su bebé. Los bebés aprenden que la gente reacciona cuando ellos hacen sonidos.
- Háblele a su bebé al bañarlo, jugar, cambiarle el pañal, y darle de comer. Así aprenderá la rutina diaria.
- Hablar con su bebé le ayudará a aprender a hablar.

Léale todos los días

- Vean libros juntos. Esto le da la oportunidad de abrazar a su bebé y acurrucarse con él.
- Señale las ilustraciones en los libros, y descríbalas. Esto le da a su bebé la oportunidad de escuchar nuevas palabras y de aprender a disfrutar los libros.
- Lea antes de la siesta y de la hora de dormir. Esta rutina ayuda a tranquilizar a su bebé.

Jueguen todos los días

- Pase tiempo jugando con su bebé y haciendo que se mueva.
- Mire a su bebé y sonríale. Deje que su bebé observe su cara y que siga sus movimientos.
- Juegue con su bebé con sonajas, juguetes, y a esconderse atrás de sus manos.
- Háblele a su bebé durante estas actividades.

Pequeño

Comienza a usar palabras

Háblele todos los días

- Ayúdele a aprender a hablar juntando palabras. Si su hijo dice, “Leche”, usted puede decir, “¿Quieres un poco de leche?”
- Ayúdele a aprender nuevas palabras explicándole qué sucede durante el día. “Te estás comiendo las verduras con la cuchara.”
- Diga cómo se siente su pequeño: feliz, triste, enojado, o asustado.
- Cante canciones sencillas. Use muchas palabras que rimen. Escuchen canciones infantiles en casa y en el carro.

Léale todos los días

- Cuando vean libros juntos siéntese junto a su pequeño, o cárguelo.
- Deje que su pequeño escoja un libro, pasen las páginas y señale las ilustraciones y las palabras.
- Lea los libros favoritos de su hijo una y otra vez. Los niños aprenden palabras cuando las escuchan con frecuencia.
- Busque nuevos libros en la biblioteca. Tenga libros, periódicos y revistas en casa.

Jueguen todos los días

- Los niños aprenden al jugar.
- Dele tiempo a su hijo de explorar nuevos objetos, lugares y gente. Jueguen al aire libre con frecuencia.
- Use su imaginación al jugar con su hijo. Disfrácese, use títeres, cajas, cacerolas.

Preescolar

Usa más palabras juntas

Háblele todos los días

- Hable con su hijo acerca de lo que hizo durante el día. Hágle preguntas que comiencen con “¿quién?, ¿qué?, ¿por qué?”
- Hable acerca de lo que sucede durante el día.
- Describa con oraciones completas lo que sucede a su alrededor.
- Haga preguntas como, “¿qué pasaría si...?” u oraciones como, “Imagínate que”. “¿Qué pasaría si yo dejara el cubito de hielo sobre el mueble de la cocina?”

Léale todos los días

- Diviértase leyendo libros y viendo ilustraciones con su hijo. Hable con voces graciosas. Señale palabras e ilustraciones en la página, y haga preguntas.
- En sus propias palabras vuelva a platicar los cuentos. Escuche a su hijo platicar los cuentos.
- Señale palabras que vea dentro y fuera de su casa. Señale palabras escritas en puertas, señales de tráfico, carteles, cajas, latas, y camiones.

Jueguen todos los días

- Jueguen con juguetes y hagan cosas usando bloques, crayones, plastilina, areneros y juegos en patios de recreo.
- Cuando jueguen juntos, siga a su hijo en lo que le interese a él.
- Describa lo que haga su hijo.
- Jueguen de mentiritas a cocinar, limpiar, cuidar bebés, vestirse elegantes y a ir al trabajo.

Estos consejos dan información y recursos a los padres de familia, a familias, y a quienes cuidan a niños, acerca de cómo ayudar al desarrollo de los niños para que estén listos para entrar a la escuela. Entregue esto a todas las personas que conozca para que todos los niños del área metropolitana de Kansas City tengan oportunidades de hablar, leer, y jugar todos los días.

¡Gracias! **Talk Read Play Kansas City, The Children's Campus of Kansas City, The Family Conservancy, Project EAGLE and Connections, Juniper Gardens Children's Project y socios en la comunidad.**

Hable



Háblele a su hijo todos los días ... le ayudará a aprender palabras.

Lea



Léale a su hijo todos los días ... le ayudará a encontrarle el gusto a aprender.

Juegue



Juegue con su hijo todos los días .. le ayudará a aprender a llevarse bien con los demás.

Ayude a su hijo a estar listo para la escuela... desde un principio



La impresión de este volante fue hecho posible por los fondos proveídos por Kansas Early Learning Collaborative (KELC) y Shumaker Family Foundation.

Más información y consejos de crianza de los hijos en:

www.TheFamilyConservancy.org



Resources, Referrals & Support ❖ Recursos, Referencias y Apoyo

P.O. Box 16
Guerneville, CA 95446

U.S. POSTAGE
NON-PROFIT
GUERNEVILLE, CA 95446
PERMIT #18

RETURN SERVICE REQUESTED

Our thanks to Speedway Children's Charities for their generous support of our Emergency Resources Program

EarnIt!
KeepIt!
SaveIt!

EARN IT! KEEP IT! SAVE IT! COMMUNITY TAX PREPARATION SERVICE, FAST. FREE. CONFIDENTIAL SATURDAYS, STARTING FEB. 2017 AT RCCS

For Free Tax Help, your 2016 income must be less than \$54,000.

What to bring:

1. Photo ID for taxpayer and spouse
2. Original Social Security Card or ITIN for each person on tax return (copies accepted). Contact your local Social Security office to make an appointment to order a copy if you cannot find yours prior to your tax appointment.
3. W-2 or 1099-MISC for all jobs held in 2015, 1098s, 1099s, 1095-As and any other tax forms
4. Voided check or savings account and routing # for directed deposit refund
5. 2015 tax return
6. Childcare provider information with name, address, etc.
7. Landlord's name, address and phone number for renter's credit

Call 869-3613 to make an appointment

SERVICIO COMUNITARIO DE PREPARACIÓN DE IMPUESTOS. RÁPIDO. GRATIS. CONFIDENCIAL COMIENZA FEBRERO 2017 EN RCCS

Para recibir ayuda gratis, su ingreso en 2017 fue menos de \$54,000.

Documentos Necesarios

1. Identificación con su foto
2. Tarjeta original de Seguro social o carta con su número ITIN
3. Formularios: W-2, 1099 de otros ingresos, y otros documentos que reciba con información para sus impuestos, 1098s, 1095-A.
4. Un cheque nulo o la información completa de su cuenta de banco y el numero de identificación de su banco
5. Copia de sus impuestos del 2015
6. Información de su proveedor de cuidado de niños, si aplica.
7. Información de su rentero, si aplica.

Llame al 869-3613 para a hacer una cita

EarnIt!
KeepIt!
SaveIt!